

Specializing in Continuing Education For Health Professionals and Educators

Incorporating Nutrition - Part 3

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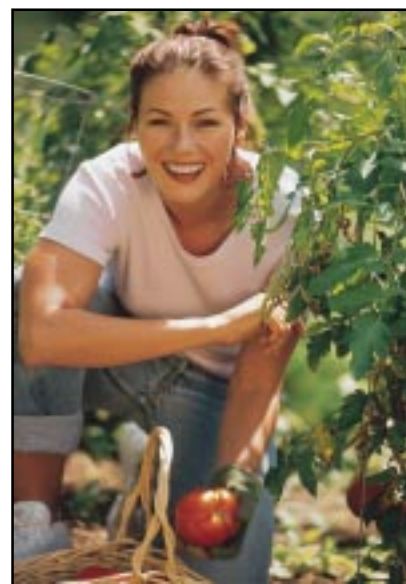
Telephone _____

Signature _____

Prerequisite: Must complete Incorporating Nutrition Part 1 and Part 2 before registering for Part 3.

Refund Policy:
No refunds are available for this home study course, nor does LMA provide a refund for shipping and handling charges.

Incorporating Nutrition - Part 3



Teaching health professionals how to incorporate nutrition services into their wellness programs safely, legally and professionally

Featuring Dr. Jane Pentz

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Incorporating Nutrition - Part 3

Many professionals have been told that nutrition is beyond their scope of practice; other professionals incorporate nutrition and are unaware of the legal issues involved.

This course focuses on the types of nutrition education/services that can be incorporated while still adhering to all state licensure laws and the American Dietetics Association guidelines.

The American Academy of Sports Dietitians and Nutritionists has proposed a "Nutrition Scope of Practice" for all health and fitness individuals. For more information on this proposal visit www.aasdn.org.

Course Theme: The theme of this program is to provide health and fitness professionals with details on implementation of a nutrition program, in conjunction with their fitness program, i.e. "from soup to nuts".

Contact Hours: 10 hours of instruction

Course Goals: The main goal of this program is to provide professionals with details of implementing a nutrition program, from initial assessment through ten sessions, and adhering to all state licensure laws and ADA guidelines.

Incorporating Nutrition - Part 3 Course Objectives:

1. Lecture – Implementing a program, from the initial interview, assessment, analysis, results of the analysis, through a ten session outline. (90 minute lecture on CD)
2. Assignment - Students will be required to complete a workshop assignment after lecture 3. (5.5 hours)
3. Workshop 3 - audio/web conferencing class. Students will be required write a report and to attend this audio/web conferencing class and present the results of assignment 3. (3.0 hour audio/web class)

Visit our website at www.lifestylemanagement.com

Dr. Jane Pentz

Dr. Jane began her career in nutrition with an undergraduate degree in nutritional biochemistry from Vassar College while simultaneously raising three children. Her education continued at Tufts University where she received her Masters and Ph.D. degrees in nutritional biochemistry; she is one of only several hundred to ever earn a Ph.D. in Human Nutrition Sciences from the USDA Human Nutrition Research Center on Aging at Tufts University. In addition, Dr. Jane worked with the USDA Human Nutrition Research Center's team that completed ground breaking research on the effects of weight training in 80 and 90 year olds.

Prerequisite: Incorporating Nutrition - Part 1 and Part 2

Cost \$130

Price Includes:

- 10 hours of instruction
- All materials for the class - CD's, Workbooks
- Nutrition Specialist Manual (on CD)
- Nutrition Manager Educational Edition Software
- CEC's for two organizations:

1.0 NASM

Please visit our website to determine number of credit hours through other organizations.

Incorporating Nutrition - Part 3 Course Registration Form

Name _____
 Street _____
 City _____ State _____ Zip _____
 Tel. # Work _____ Tel. # Home _____
 Email _____

Please list the organization for which you are requesting CEC's below. If no organization is listed, you will receive a letter of attendance.

					Total
CEC's 1st	Org. name _____	Cert.# _____	\$130		\$130
			no charge		xxxxxxx
CEC's 2nd	Org. name _____	Cert.# _____	no charge		xxxxxxx
				Total	\$130

To register please complete the above form. You can register using MasterCard or Visa through secure fax at **800-617-4615**

(credit card form and return policy on reverse side)
 Or by mail using credit card or check.

Make check payable to
 Lifestyle Management Associates Inc and mail to:
 111 Grove Street, Suite 1
 West Roxbury, MA 02132